

Compañeras

The Canal Alliance Compañeras program is unique in Marin, and is the only program of its kind that provides peer birth support to monolingual Spanish speaking women in the Latino community.



Requirements

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AGES

Volunteers must be 18 years of age or older

AVAILABILITY

Monday to Friday from 9:00 am to 5:00 pm

COMMITMENT

On call for at least 6 months. You'll be assigned at least 2 clients per month.

OTHER REQUIREMENTS

Volunteers must have viable transportation and must have a clean driving record. Incoming candidates will be required to submit current drivers license and automobile insurance for screening.

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The Compañeras program connects at-risk pregnant Latinas with bilingual volunteer bicultural birth coaches who provide emotional support, community connections, help to ensure prenatal and postnatal doctor visits, and act as advocates and interpreters before, during and after birth to ensure positive birth experiences and healthy mother-child bonding, which is essential to infant and parent well-being.



Responsibilities

- Connect with the client before the birth
- Serve as a labor coach during birth at the hospital
- Write narratives regarding the experiences.
- Provide follow-up postpartum checks

Skills & Competencies

- Spanish proficiency mandatory.
- Patience and problem solving skills.
- Cultural competence in working with diverse populations, including communities of color, immigrants and persons of various ages, socioeconomic backgrounds, health status, and abilities.

Contact ValeriaG@canalalliance.org for more information.